



# Estill County

## Family and Individual Development Data

Data provided in this issue of Kentucky: By The Numbers were **compiled to correspond to the issues** covered in the **Family and Individual Development** section of the University of Kentucky

### Cooperative Extension Statewide Community Needs Assessment

<https://extension.mgcafe.uky.edu/community-assessment>

The statewide needs assessment was conducted to identify and prioritize community needs, issues, and/or opportunities that Extension could address through targeted educational programming and engagement efforts. The survey was divided into 4 areas:

- 1) Agriculture and Natural Resources,
- 2) Youth Development,
- 3) Family and Individual Development, and
- 4) Community and Economic Development.

These data have been compiled to assist in using the survey results for local planning. Data from nearly 40 different sources were selected and links to each data source are provided at the end. Secondary data for the other survey sections are available at <https://kybtn.ca.uky.edu/>. To learn more about Cooperative Extension at the University of Kentucky go to: <http://extension.ca.uky.edu/>

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## Food Assistance and Food Access in Estill County

<b>Food Assistance<sup>1</sup> (July 2022)</b>	
Number of Persons Receiving SNAP	2,823
Number of Households Receiving SNAP	1,464

<b>Food Access<sup>3</sup> (2021)</b>	
Number of Food and Beverage Stores	4
Number of Grocery Stores	n/a
Number of Supermarkets and other Grocery Stores (except convenience stores)	n/a
Number of Convenience Stores	n/a
Number of Gasoline Stations with Convenience Store	4

<b>Food Insecurity<sup>2</sup> (2021)</b>	
Overall Food Insecurity Rate	18.6%
Number of Food Insecure Persons	2,640
Child Food Insecurity Rate	21.8%
Number of Food Insecure Children	680

<b>School Lunch<sup>4</sup> (2022-2023 academic year)</b>	
Number of Students who are Economically Disadvantaged based upon being Program or Income Eligible for Free or Reduced-priced Meals	1,420*
* = Due to confidentiality, data are undisclosed or county total does not include schools/districts with undisclosed data.	

## Health in Estill County

<b>Physical and Mental Health<sup>5</sup> (age adjusted) (2020)</b>	
Percent of Adults Reporting <b>Fair or Poor Health</b>	25.8% (22.6% to 29.0%)
Average Number of <b>Physically Unhealthy Days</b> Reported in Past 30 Days	5.3 days (4.9 to 5.8)
Percent of Adults Reporting 14 or more Days of Poor <b>Physical Health</b> per Month	16.8% (15.0% to 18.5%)
Average Number of <b>Mentally Unhealthy Days</b> Reported in Past 30 Days	6.4 days (6.0 to 6.8)
Percent of Adults Reporting 14 or more Days of Poor <b>Mental Health</b> per Month	21.0% (19.4% to 22.6%)

<b>Leisure-Time Physical Activity<sup>5</sup> (age adjusted) (2020)</b>	
Percent of Adults Age 18+ Reporting <b>No Leisure-Time Physical Activity</b>	37.7% (33.9% to 41.1%)

<b>Physical Activity Access<sup>5</sup> (2022)</b>	
Percent of Population with <b>Adequate Access</b> to Locations for Physical Activity	61.0%

<b>Diabetes and Obesity<sup>5</sup> (age adjusted) (2020)</b>	
Percent of Adults Ages 20+ Diagnosed with <b>Diabetes</b>	12.6% (11.7% to 13.5%)
Percent of Adults Ages 18+ that Report a <b>Body Mass Index (BMI)</b> Greater than or Equal to 30 kg/m <sup>2</sup>	39.7% (37.7% to 41.6%)

<b>Population Without Health Insurance<sup>6</sup> (2021)</b>	
<u>Under Age 19</u> without Health Insurance	154 (+/- 42)
<u>Under Age 65</u> without Health Insurance	900 (+/- 121)
Percent under Age 65 without Health Insurance	8.0% (+/- 1.1%)
Females under Age 65 without Health Insurance	371 (+/- 74)
Males under Age 65 without Health Insurance	529 (+/- 95)

<b>Medical Care<sup>5</sup></b>	
Number of Primary Care Physicians (2020)	3
Number of Mental Health Providers (2022)	13
Number of Dentists (2021)	7

## Substance Abuse in Estill County

<b>Substance Abuse Disorder Diagnosis<sup>7</sup></b>	
<b>3-Year Total (2020-2022)</b>	
Emergency Dept Visits	818
Inpatient Hospitalization	n/a

<b>Substance Abuse Disorder Diagnosis<sup>7</sup></b>	
<b>5-Year Total (2018-2022)</b>	
Emergency Dept Visits	1,341
Inpatient Hospitalization	n/a

<b>NonFatal Overdose Related Emergency Dept. Visits<sup>7</sup></b>	
<b>3-Year Total (2020-2022)</b>	
<u>Any Drug</u> -Involved	257
<u>Any Opioid</u> -Involved	119
<b>5-Year Total (2018-2022)</b>	
<u>Any Drug</u> -Involved	423
<u>Any Opioid</u> -Involved	185

<b>NonFatal Overdose Related Inpatient Hospitalization<sup>7</sup></b>	
<b>3-Year Total (2020-2022)</b>	
<u>Any Drug</u> -Involved	49
<u>Any Opioid</u> Drug-Involved	n/a
<b>5-Year Total (2018-2022)</b>	
<u>Any Drug</u> -Involved	83
<u>Any Opioid</u> Drug-Involved	23

<b>Fatal Overdose<sup>7</sup> 3-Year Total (2020-2022)</b>	
Any Drug-Involved Fatal Overdose	50
Any Opioid-Involved Fatal Overdose	18

<b>Fatal Overdose<sup>7</sup> 5-Year Total (2018-2022)</b>	
Any Drug-Involved Fatal Overdose	66
Any Opioid-Involved Fatal Overdose	n/a

## Financial data for Estill County

<b>Median Income<sup>8</sup> (2018-2022)</b>	
All Households	\$39,980 (+/- \$7,132)
Families with Own Children under 18	\$46,458 (+/- \$18,607)

<b>Debt in Collections<sup>10</sup> (Feb 2022)</b>	
Percent of People with <b>any Debt in Collections</b>	38.0%
Median Amount	\$1,128

<b>Consumer Debt<sup>10</sup> (Feb 2022)</b>	
Percent of People with <b>Auto/Retail</b> Debt	35.3%
Percent of People with <b>Auto</b> Loans	26.5%

<b>Medical Debt in Collections<sup>10</sup> (Feb 2022)</b>	
Percent of People with <b>Medical</b> Debt in Collections	21.0%
Median Amount	\$452

<b>Student Loans<sup>10</sup> (Feb 2022)</b>	
Percent of People with <b>Student Loan</b> Debt	12.9%
Median Amount	\$14,660

<b>Poverty Rate<sup>9</sup> (2018-2022)</b>	
All Families Below Poverty	22.3% (+/- 4.8%)
Families with Related Children under 18	37.3% (+/- 7.9%)
Families with One Worker	27.1% (+/- 8.8%)
Families with Householder Working Full Time/Year-Round	2.6% (+/- 2.4%)

## Aging in Estill County

Total Population <sup>11</sup> (2022)	
Ages 65+	2,692
Ages 65-74	1,589
Ages 75-84	913
Age 85+	190

Households <sup>12</sup> (2018-2022)	
Percent of Households with One or more People Ages 65+	30.6% (+/- 2.3%)
Percent of Households with Householder 65+ Living Alone	13.0% (+/- 3.1%)

Population Ages 65+ <sup>11</sup> (2022)	
Percent of Total Population that is Ages 65+	19.2%
Percent Female	54.5%
Percent Male	45.5%

Poverty and Income <sup>13 &amp; 8</sup> (2018-2022)	
Poverty Rate - Population Ages 65+	14.4% (+/- 4.8%)
Median Income - Householder Ages 65+	\$37,545 (+/- \$8,756)

Population Projection <sup>14</sup> (2035)	
Projected Population Ages 65+ (2035 projection)	2,981

### Data Sources

- Food and Nutrition Service, U.S. Department of Agriculture.  
<https://www.fns.usda.gov/pd/supplemental-nutrition-assistance-program-snap>
- Map the Meal Gap. Feeding America.  
<https://map.feedingamerica.org/>
- 2021 County Business Patterns, U.S. Census Bureau.  
[https://data.census.gov/all?g=040XX00US21.21\\$0500000&y=2021&d=ECNSVY%20Business%20Patterns%20County%20Business%20Patterns](https://data.census.gov/all?g=040XX00US21.21$0500000&y=2021&d=ECNSVY%20Business%20Patterns%20County%20Business%20Patterns)
- Kentucky School Report Card. Kentucky Department of Education.  
<https://www.kyschoolreportcard.com/home?year=2023>
- County Health Rankings & Roadmaps.  
<https://www.countyhealthrankings.org/explore-health-rankings/kentucky?year=2023>
- Small Areas Health Insurance Estimates, U.S. Census Bureau.  
<https://www.census.gov/programs-surveys/sahie.html>
- Kentucky Injury Prevention and Research Center. County Profiles. [Data Request].  
<https://kiprc.uky.edu/programs/overdose-data-action/county-profiles>
- Table S1903. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.  
[https://data.census.gov/table/ACSST5Y2022.S1903?t=Income%20\(Households,%20Families,%20Individuals\)&g=040XX00US21.21\\$0500000](https://data.census.gov/table/ACSST5Y2022.S1903?t=Income%20(Households,%20Families,%20Individuals)&g=040XX00US21.21$0500000)
- Table S1702. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.  
[https://data.census.gov/table/ACSST5Y2022.S1702?t=Income%20and%20Poverty&g=040XX00US21.21\\$0500000&y=2022&d=ACS%205-Year%20Estimates%20Subject%20Tables](https://data.census.gov/table/ACSST5Y2022.S1702?t=Income%20and%20Poverty&g=040XX00US21.21$0500000&y=2022&d=ACS%205-Year%20Estimates%20Subject%20Tables)
- Debt in America. Urban Institute.  
<https://apps.urban.org/features/debt-interactive-map/?type=overall&variable=totcoll>
- 2022 Population Estimates, U.S. Census Bureau.  
<https://www.census.gov/data/tables/time-series/demo/popest/2020s-counties-detail.html>
- Table S1101. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.  
[https://data.census.gov/table/ACSST5Y2022.S1101?t=Families%20and%20Household%20Characteristics&g=040XX00US21.21\\$0500000&d=ACS%205-Year%20Estimates%20Subject%20Tables](https://data.census.gov/table/ACSST5Y2022.S1101?t=Families%20and%20Household%20Characteristics&g=040XX00US21.21$0500000&d=ACS%205-Year%20Estimates%20Subject%20Tables)
- Table DP03. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.  
[https://data.census.gov/table/ACSDP5Y2022.DP03?g=040XX00US21.21\\$0500000&d=ACS%205-Year%20Estimates%20Data%20Profiles](https://data.census.gov/table/ACSDP5Y2022.DP03?g=040XX00US21.21$0500000&d=ACS%205-Year%20Estimates%20Data%20Profiles)
- Population Projections. Vintage 2022. Kentucky State Data Center.  
<http://ksdc.louisville.edu/data-downloads/projections/>

### Margins of Error

For counties with small populations and small population groups, the **margins of error** (indicated by a +/- ##) or confidence intervals (indicated by a range) can be quite large. The margin of error or confidence interval tells us how precise the estimate is by indicating the **range within which the estimate most likely falls**. For help in understanding the margin of error, see the brief Kentucky: By The Numbers publication **“And Now for the Grain of Salt.”** Additional data are available at: Kentucky: By The Numbers website.