



Nelson County

Family and Individual Development Data

Data provided in this issue of Kentucky: By The Numbers were **compiled to correspond to the issues** covered in the **Family and Individual Development** section of the University of Kentucky

Cooperative Extension Statewide Community Needs Assessment

<https://extension.mgcafe.uky.edu/community-assessment>

The statewide needs assessment was conducted to identify and prioritize community needs, issues, and/or opportunities that Extension could address through targeted educational programming and engagement efforts. The survey was divided into 4 areas:

- 1) Agriculture and Natural Resources,
- 2) Youth Development,
- 3) Family and Individual Development, and
- 4) Community and Economic Development.

These data have been compiled to assist in using the survey results for local planning. Data from nearly 40 different sources were selected and links to each data source are provided at the end. Secondary data for the other survey sections are available at <https://kybtn.ca.uky.edu/>. To learn more about Cooperative Extension at the University of Kentucky go to: <http://extension.ca.uky.edu/>

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Food Assistance and Food Access in Nelson County

Food Assistance¹ (July 2022)	
Number of Persons Receiving SNAP	3,557
Number of Households Receiving SNAP	1,747

Food Access³ (2021)	
Number of Food and Beverage Stores	19
Number of Grocery Stores	4
Number of Supermarkets and other Grocery Stores (except convenience stores)	4
Number of Convenience Stores	n/a
Number of Gasoline Stations with Convenience Store	26

Food Insecurity² (2021)	
Overall Food Insecurity Rate	8.8%
Number of Food Insecure Persons	4,090
Child Food Insecurity Rate	9.7%
Number of Food Insecure Children	1,070

School Lunch⁴ (2022-2023 academic year)	
Number of Students who are Economically Disadvantaged based upon being Program or Income Eligible for Free or Reduced-priced Meals	3,413*
* = Due to confidentiality, data are undisclosed or county total does not include schools/districts with undisclosed data.	

Health in Nelson County

Physical and Mental Health⁵ (age adjusted) (2020)	
Percent of Adults Reporting Fair or Poor Health	15.9% (14.0% to 17.9%)
Average Number of Physically Unhealthy Days Reported in Past 30 Days	3.8 days (3.5 to 4.2)
Percent of Adults Reporting 14 or more Days of Poor Physical Health per Month	11.4% (10.4% to 12.6%)
Average Number of Mentally Unhealthy Days Reported in Past 30 Days	5.3 days (5.0 to 5.7)
Percent of Adults Reporting 14 or more Days of Poor Mental Health per Month	17.7% (16.5% to 18.9%)

Leisure-Time Physical Activity⁵ (age adjusted) (2020)	
Percent of Adults Age 18+ Reporting No Leisure-Time Physical Activity	27.3% (24.3% to 30.1%)

Physical Activity Access⁵ (2022)	
Percent of Population with Adequate Access to Locations for Physical Activity	61.6%

Diabetes and Obesity⁵ (age adjusted) (2020)	
Percent of Adults Ages 20+ Diagnosed with Diabetes	9.4% (8.7% to 10.1%)
Percent of Adults Ages 18+ that Report a Body Mass Index (BMI) Greater than or Equal to 30 kg/m ²	37.5% (35.5% to 39.3%)

Population Without Health Insurance⁶ (2021)	
<u>Under Age 19</u> without Health Insurance	377 (+/- 100)
<u>Under Age 65</u> without Health Insurance	2,162 (+/- 284)
Percent under Age 65 without Health Insurance	5.5% (+/- 0.7%)
Females under Age 65 without Health Insurance	874 (+/- 170)
Males under Age 65 without Health Insurance	1,288 (+/- 228)

Medical Care⁵	
Number of Primary Care Physicians (2020)	26
Number of Mental Health Providers (2022)	69
Number of Dentists (2021)	27

Substance Abuse in Nelson County

Substance Abuse Disorder Diagnosis⁷	
3-Year Total (2020-2022)	
Emergency Dept Visits	1,262
Inpatient Hospitalization	28

Substance Abuse Disorder Diagnosis⁷	
5-Year Total (2018-2022)	
Emergency Dept Visits	2,214
Inpatient Hospitalization	59

NonFatal Overdose Related Emergency Dept. Visits⁷	
3-Year Total (2020-2022)	
<u>Any Drug</u> -Involved	434
<u>Any Opioid</u> -Involved	151
5-Year Total (2018-2022)	
<u>Any Drug</u> -Involved	712
<u>Any Opioid</u> -Involved	260

NonFatal Overdose Related Inpatient Hospitalization⁷	
3-Year Total (2020-2022)	
<u>Any Drug</u> -Involved	91
<u>Any Opioid</u> Drug-Involved	n/a
5-Year Total (2018-2022)	
<u>Any Drug</u> -Involved	166
<u>Any Opioid</u> Drug-Involved	n/a

Fatal Overdose⁷ 3-Year Total (2020-2022)	
Any Drug-Involved Fatal Overdose	64
Any Opioid-Involved Fatal Overdose	47

Fatal Overdose⁷ 5-Year Total (2018-2022)	
Any Drug-Involved Fatal Overdose	83
Any Opioid-Involved Fatal Overdose	61

Financial data for Nelson County

Median Income⁸ (2018-2022)	
All Households	\$66,212 (+/- \$2,681)
Families with Own Children under 18	\$84,072 (+/- \$3,898)

Debt in Collections¹⁰ (Feb 2022)	
Percent of People with any Debt in Collections	28.7%
Median Amount	\$1,142

Consumer Debt¹⁰ (Feb 2022)	
Percent of People with Auto/Retail Debt	39.1%
Percent of People with Auto Loans	30.8%

Medical Debt in Collections¹⁰ (Feb 2022)	
Percent of People with Medical Debt in Collections	17.5%
Median Amount	\$400

Student Loans¹⁰ (Feb 2022)	
Percent of People with Student Loan Debt	16.7%
Median Amount	\$20,990

Poverty Rate⁹ (2018-2022)	
All Families Below Poverty	5.9% (+/- 1.5%)
Families with Related Children under 18	10.9% (+/- 3.1%)
Families with One Worker	11.3% (+/- 3.8%)
Families with Householder Working Full Time/Year-Round	2.0% (+/- 1.5%)

Aging in Nelson County

Total Population ¹¹ (2022)	
Ages 65+	8,236
Ages 65-74	5,099
Ages 75-84	2,407
Age 85+	730

Households ¹² (2018-2022)	
Percent of Households with One or more People Ages 65+	30.6% (+/- 1.2%)
Percent of Households with Householder 65+ Living Alone	10.4% (+/- 1.6%)

Population Ages 65+ ¹¹ (2022)	
Percent of Total Population that is Ages 65+	17.4%
Percent Female	56.2%
Percent Male	43.8%

Poverty and Income ^{13 & 8} (2018-2022)	
Poverty Rate - Population Ages 65+	5.0% (+/- 1.3%)
Median Income - Householder Ages 65+	\$47,641 (+/- \$6,811)

Population Projection ¹⁴ (2035)	
Projected Population Ages 65+ (2035 projection)	11,146

Data Sources

- Food and Nutrition Service, U.S. Department of Agriculture.
<https://www.fns.usda.gov/pd/supplemental-nutrition-assistance-program-snap>
- Map the Meal Gap. Feeding America.
<https://map.feedingamerica.org/>
- 2021 County Business Patterns, U.S. Census Bureau.
[https://data.census.gov/all?g=040XX00US21.21\\$0500000&y=2021&d=ECNSVY%20Business%20Patterns%20County%20Business%20Patterns](https://data.census.gov/all?g=040XX00US21.21$0500000&y=2021&d=ECNSVY%20Business%20Patterns%20County%20Business%20Patterns)
- Kentucky School Report Card. Kentucky Department of Education.
<https://www.kyschoolreportcard.com/home?year=2023>
- County Health Rankings & Roadmaps.
<https://www.countyhealthrankings.org/explore-health-rankings/kentucky?year=2023>
- Small Areas Health Insurance Estimates, U.S. Census Bureau.
<https://www.census.gov/programs-surveys/sahie.html>
- Kentucky Injury Prevention and Research Center. County Profiles. [Data Request].
<https://kiprc.uky.edu/programs/overdose-data-action/county-profiles>
- Table S1903. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.
[https://data.census.gov/table/ACSST5Y2022.S1903?t=Income%20\(Households,%20Families,%20Individuals\)&g=040XX00US21.21\\$0500000](https://data.census.gov/table/ACSST5Y2022.S1903?t=Income%20(Households,%20Families,%20Individuals)&g=040XX00US21.21$0500000)
- Table S1702. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.
[https://data.census.gov/table/ACSST5Y2022.S1702?t=Income%20and%20Poverty&g=040XX00US21.21\\$0500000&y=2022&d=ACS%205-Year%20Estimates%20Subject%20Tables](https://data.census.gov/table/ACSST5Y2022.S1702?t=Income%20and%20Poverty&g=040XX00US21.21$0500000&y=2022&d=ACS%205-Year%20Estimates%20Subject%20Tables)
- Debt in America. Urban Institute.
<https://apps.urban.org/features/debt-interactive-map/?type=overall&variable=totcoll>
- 2022 Population Estimates, U.S. Census Bureau.
<https://www.census.gov/data/tables/time-series/demo/popest/2020s-counties-detail.html>
- Table S1101. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.
[https://data.census.gov/table/ACSST5Y2022.S1101?t=Families%20and%20Household%20Characteristics&g=040XX00US21.21\\$0500000&d=ACS%205-Year%20Estimates%20Subject%20Tables](https://data.census.gov/table/ACSST5Y2022.S1101?t=Families%20and%20Household%20Characteristics&g=040XX00US21.21$0500000&d=ACS%205-Year%20Estimates%20Subject%20Tables)
- Table DP03. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.
[https://data.census.gov/table/ACSDP5Y2022.DP03?g=040XX00US21.21\\$0500000&d=ACS%205-Year%20Estimates%20Data%20Profiles](https://data.census.gov/table/ACSDP5Y2022.DP03?g=040XX00US21.21$0500000&d=ACS%205-Year%20Estimates%20Data%20Profiles)
- Population Projections. Vintage 2022. Kentucky State Data Center.
<http://ksdc.louisville.edu/data-downloads/projections/>

Margins of Error

For counties with small populations and small population groups, the **margins of error** (indicated by a +/- ##) or confidence intervals (indicated by a range) can be quite large. The margin of error or confidence interval tells us how precise the estimate is by indicating the **range within which the estimate most likely falls**. For help in understanding the margin of error, see the brief Kentucky: By The Numbers publication **“And Now for the Grain of Salt.”** Additional data are available at: Kentucky: By The Numbers website.