



# Nicholas County

## Family and Individual Development Data

Data provided in this issue of Kentucky: By The Numbers were **compiled to correspond to the issues** covered in the **Family and Individual Development** section of the University of Kentucky

### Cooperative Extension Statewide Community Needs Assessment

<https://extension.mgcafe.uky.edu/community-assessment>

The statewide needs assessment was conducted to identify and prioritize community needs, issues, and/or opportunities that Extension could address through targeted educational programming and engagement efforts. The survey was divided into 4 areas:

- 1) Agriculture and Natural Resources,
- 2) Youth Development,
- 3) Family and Individual Development, and
- 4) Community and Economic Development.

These data have been compiled to assist in using the survey results for local planning. Data from nearly 40 different sources were selected and links to each data source are provided at the end. Secondary data for the other survey sections are available at <https://kybtn.ca.uky.edu/>. To learn more about Cooperative Extension at the University of Kentucky go to: <http://extension.ca.uky.edu/>

*For questions about the assessment or the survey results, contact: Dr. Lola Adedokun (lola.adedokun@uky.edu)  
For additional data or data-related assistance, contact: Dr. Julie N. Zimmerman (jzimm@uky.edu)*



## Food Assistance and Food Access in Nicholas County

<b>Food Assistance<sup>1</sup> (July 2022)</b>	
Number of Persons Receiving SNAP	1,140
Number of Households Receiving SNAP	520

<b>Food Access<sup>3</sup> (2021)</b>	
Number of Food and Beverage Stores	n/a
Number of Grocery Stores	n/a
Number of Supermarkets and other Grocery Stores (except convenience stores)	n/a
Number of Convenience Stores	n/a
Number of Gasoline Stations with Convenience Store	n/a

<b>Food Insecurity<sup>2</sup> (2021)</b>	
Overall Food Insecurity Rate	14.8%
Number of Food Insecure Persons	1,110
Child Food Insecurity Rate	13.0%
Number of Food Insecure Children	230

<b>School Lunch<sup>4</sup> (2022-2023 academic year)</b>	
Number of Students who are Economically Disadvantaged based upon being Program or Income Eligible for Free or Reduced-priced Meals	687*
* = Due to confidentiality, data are undisclosed or county total does not include schools/districts with undisclosed data.	

## Health in Nicholas County

<b>Physical and Mental Health<sup>5</sup> (age adjusted) (2020)</b>	
Percent of Adults Reporting <b>Fair or Poor Health</b>	23.2% (20.5% to 26.0%)
Average Number of <b>Physically Unhealthy Days</b> Reported in Past 30 Days	5.0 days (4.6 to 5.4)
Percent of Adults Reporting 14 or more Days of Poor <b>Physical Health</b> per Month	15.5% (14.1% to 17.0%)
Average Number of <b>Mentally Unhealthy Days</b> Reported in Past 30 Days	6.1 days (5.7 to 6.4)
Percent of Adults Reporting 14 or more Days of Poor <b>Mental Health</b> per Month	20.2% (18.7% to 21.6%)

<b>Leisure-Time Physical Activity<sup>5</sup> (age adjusted) (2020)</b>	
Percent of Adults Age 18+ Reporting <b>No Leisure-Time Physical Activity</b>	35.3% (32.0% to 38.5%)

<b>Physical Activity Access<sup>5</sup> (2022)</b>	
Percent of Population with <b>Adequate Access</b> to Locations for Physical Activity	8.2%

<b>Diabetes and Obesity<sup>5</sup> (age adjusted) (2020)</b>	
Percent of Adults Ages 20+ Diagnosed with <b>Diabetes</b>	11.9% (11.1% to 12.8%)
Percent of Adults Ages 18+ that Report a <b>Body Mass Index (BMI)</b> Greater than or Equal to 30 kg/m <sup>2</sup>	39.4% (37.3% to 41.4%)

<b>Population Without Health Insurance<sup>6</sup> (2021)</b>	
<u>Under Age 19</u> without Health Insurance	93 (+/- 26)
<u>Under Age 65</u> without Health Insurance	507 (+/- 70)
Percent under Age 65 without Health Insurance	7.8% (+/- 1.1%)
Females under Age 65 without Health Insurance	209 (+/- 42)
Males under Age 65 without Health Insurance	298 (+/- 55)

<b>Medical Care<sup>5</sup></b>	
Number of Primary Care Physicians (2020)	1
Number of Mental Health Providers (2022)	3
Number of Dentists (2021)	1

## Substance Abuse in Nicholas County

<b>Substance Abuse Disorder Diagnosis<sup>7</sup></b>	
<b>3-Year Total (2020-2022)</b>	
Emergency Dept Visits	329
Inpatient Hospitalization	n/a

<b>Substance Abuse Disorder Diagnosis<sup>7</sup></b>	
<b>5-Year Total (2018-2022)</b>	
Emergency Dept Visits	496
Inpatient Hospitalization	13

<b>NonFatal Overdose Related Emergency Dept. Visits<sup>7</sup></b>	
<b>3-Year Total (2020-2022)</b>	
<u>Any Drug</u> -Involved	60
<u>Any Opioid</u> -Involved	n/a
<b>5-Year Total (2018-2022)</b>	
<u>Any Drug</u> -Involved	99
<u>Any Opioid</u> -Involved	46

<b>NonFatal Overdose Related Inpatient Hospitalization<sup>7</sup></b>	
<b>3-Year Total (2020-2022)</b>	
<u>Any Drug</u> -Involved	n/a
<u>Any Opioid</u> Drug-Involved	0
<b>5-Year Total (2018-2022)</b>	
<u>Any Drug</u> -Involved	16
<u>Any Opioid</u> Drug-Involved	n/a

<b>Fatal Overdose<sup>7</sup> 3-Year Total (2020-2022)</b>	
Any Drug-Involved Fatal Overdose	12
Any Opioid-Involved Fatal Overdose	12

<b>Fatal Overdose<sup>7</sup> 5-Year Total (2018-2022)</b>	
Any Drug-Involved Fatal Overdose	16
Any Opioid-Involved Fatal Overdose	14

## Financial data for Nicholas County

<b>Median Income<sup>8</sup> (2018-2022)</b>	
All Households	\$57,539 (+/- \$8,629)
Families with Own Children under 18	\$84,444 (+/- \$16,856)

<b>Debt in Collections<sup>10</sup> (Feb 2022)</b>	
Percent of People with <b>any Debt in Collections</b>	43.9%
Median Amount	\$1,241

<b>Consumer Debt<sup>10</sup> (Feb 2022)</b>	
Percent of People with <b>Auto/Retail</b> Debt	39.2%
Percent of People with <b>Auto</b> Loans	31.1%

<b>Medical Debt in Collections<sup>10</sup> (Feb 2022)</b>	
Percent of People with <b>Medical</b> Debt in Collections	28.8%
Median Amount	\$536

<b>Student Loans<sup>10</sup> (Feb 2022)</b>	
Percent of People with <b>Student Loan</b> Debt	13.7%
Median Amount	n/a

<b>Poverty Rate<sup>9</sup> (2018-2022)</b>	
All Families Below Poverty	13.7% (+/- 5.3%)
Families with Related Children under 18	17.1% (+/- 8.5%)
Families with One Worker	20.5% (+/- 12.3%)
Families with Householder Working Full Time/Year-Round	0.0% (+/- 4.6%)

## Aging in Nicholas County

Total Population <sup>11</sup> (2022)	
Ages 65+	1,276
Ages 65-74	741
Ages 75-84	408
Age 85+	127

Households <sup>12</sup> (2018-2022)	
Percent of Households with One or more People Ages 65+	30.6% (+/- 2.7%)
Percent of Households with Householder 65+ Living Alone	11.4% (+/- 3.1%)

Population Ages 65+ <sup>11</sup> (2022)	
Percent of Total Population that is Ages 65+	16.3%
Percent Female	52.8%
Percent Male	47.2%

Poverty and Income <sup>13 &amp; 8</sup> (2018-2022)	
Poverty Rate - Population Ages 65+	23.2% (+/- 8.8%)
Median Income - Householder Ages 65+	\$31,576 (+/- \$3,782)

Population Projection <sup>14</sup> (2035)	
Projected Population Ages 65+ (2035 projection)	1,559

### Data Sources

- Food and Nutrition Service, U.S. Department of Agriculture.  
<https://www.fns.usda.gov/pd/supplemental-nutrition-assistance-program-snap>
- Map the Meal Gap. Feeding America.  
<https://map.feedingamerica.org/>
- 2021 County Business Patterns, U.S. Census Bureau.  
[https://data.census.gov/all?g=040XX00US21.21\\$0500000&y=2021&d=ECNSVY%20Business%20Patterns%20County%20Business%20Patterns](https://data.census.gov/all?g=040XX00US21.21$0500000&y=2021&d=ECNSVY%20Business%20Patterns%20County%20Business%20Patterns)
- Kentucky School Report Card. Kentucky Department of Education.  
<https://www.kyschoolreportcard.com/home?year=2023>
- County Health Rankings & Roadmaps.  
<https://www.countyhealthrankings.org/explore-health-rankings/kentucky?year=2023>
- Small Areas Health Insurance Estimates, U.S. Census Bureau.  
<https://www.census.gov/programs-surveys/sahie.html>
- Kentucky Injury Prevention and Research Center. County Profiles. [Data Request].  
<https://kiprc.uky.edu/programs/overdose-data-action/county-profiles>
- Table S1903. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.  
[https://data.census.gov/table/ACSST5Y2022.S1903?t=Income%20\(Households,%20Families,%20Individuals\)&g=040XX00US21.21\\$0500000](https://data.census.gov/table/ACSST5Y2022.S1903?t=Income%20(Households,%20Families,%20Individuals)&g=040XX00US21.21$0500000)
- Table S1702. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.  
[https://data.census.gov/table/ACSST5Y2022.S1702?t=Income%20and%20Poverty&g=040XX00US21.21\\$0500000&y=2022&d=ACS%205-Year%20Estimates%20Subject%20Tables](https://data.census.gov/table/ACSST5Y2022.S1702?t=Income%20and%20Poverty&g=040XX00US21.21$0500000&y=2022&d=ACS%205-Year%20Estimates%20Subject%20Tables)
- Debt in America. Urban Institute.  
<https://apps.urban.org/features/debt-interactive-map/?type=overall&variable=totcoll>
- 2022 Population Estimates, U.S. Census Bureau.  
<https://www.census.gov/data/tables/time-series/demo/popest/2020s-counties-detail.html>
- Table S1101. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.  
[https://data.census.gov/table/ACSST5Y2022.S1101?t=Families%20and%20Household%20Characteristics&g=040XX00US21.21\\$0500000&d=ACS%205-Year%20Estimates%20Subject%20Tables](https://data.census.gov/table/ACSST5Y2022.S1101?t=Families%20and%20Household%20Characteristics&g=040XX00US21.21$0500000&d=ACS%205-Year%20Estimates%20Subject%20Tables)
- Table DP03. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau.  
[https://data.census.gov/table/ACSDP5Y2022.DP03?g=040XX00US21.21\\$0500000&d=ACS%205-Year%20Estimates%20Data%20Profiles](https://data.census.gov/table/ACSDP5Y2022.DP03?g=040XX00US21.21$0500000&d=ACS%205-Year%20Estimates%20Data%20Profiles)
- Population Projections. Vintage 2022. Kentucky State Data Center.  
<http://ksdc.louisville.edu/data-downloads/projections/>

### Margins of Error

For counties with small populations and small population groups, the **margins of error** (indicated by a +/- ##) or confidence intervals (indicated by a range) can be quite large. The margin of error or confidence interval tells us how precise the estimate is by indicating the **range within which the estimate most likely falls**. For help in understanding the margin of error, see the brief Kentucky: By The Numbers publication **“And Now for the Grain of Salt.”** Additional data are available at: Kentucky: By The Numbers website.